

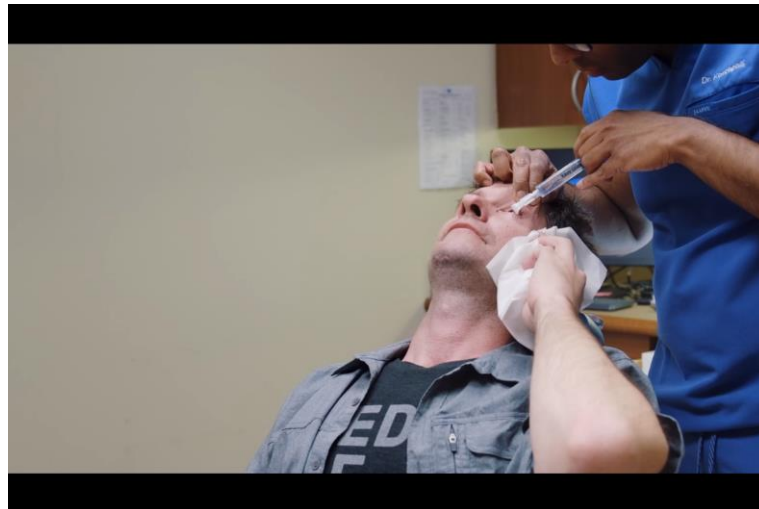
Please visit www.rinsada.com/ifu for full instructions. Rinsada is indicated for the removal of irritants from the ocular surface.

1. Informed consent and anesthetic of choice.
2. Open the rinsada packaging at the flat end (without the hook).
3. Remove the white stop cap from the syringe.
4. Attach the syringe onto the device by holding device and twisting the syringe on securely.



5.

6. Recline the patient backward.
7. **Stand on the same side** of the eye that you are working on at the patient's shoulder or behind the patient's head.



8. Have patient look up.
9. Pull the lower lid against the inferior orbital rim.
10. Insert rinsada; once the device is in, you can let go of your other hand which was manually retracting (step 9).



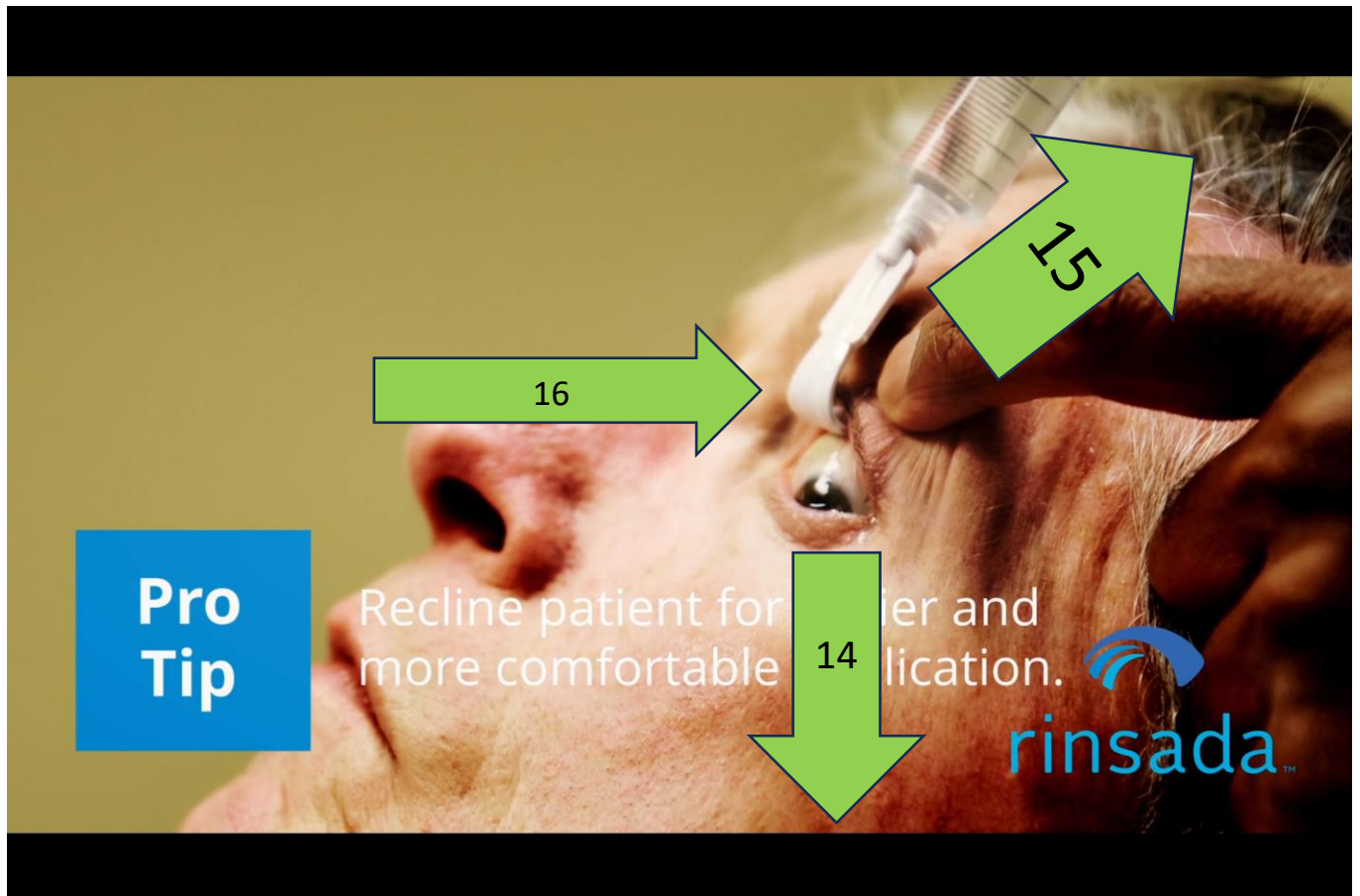
- 11.
12. Push down on the plunger **HARD and FAST**—moving laterally and medially along the lid margin

13. Remove device and now work on upper lid.

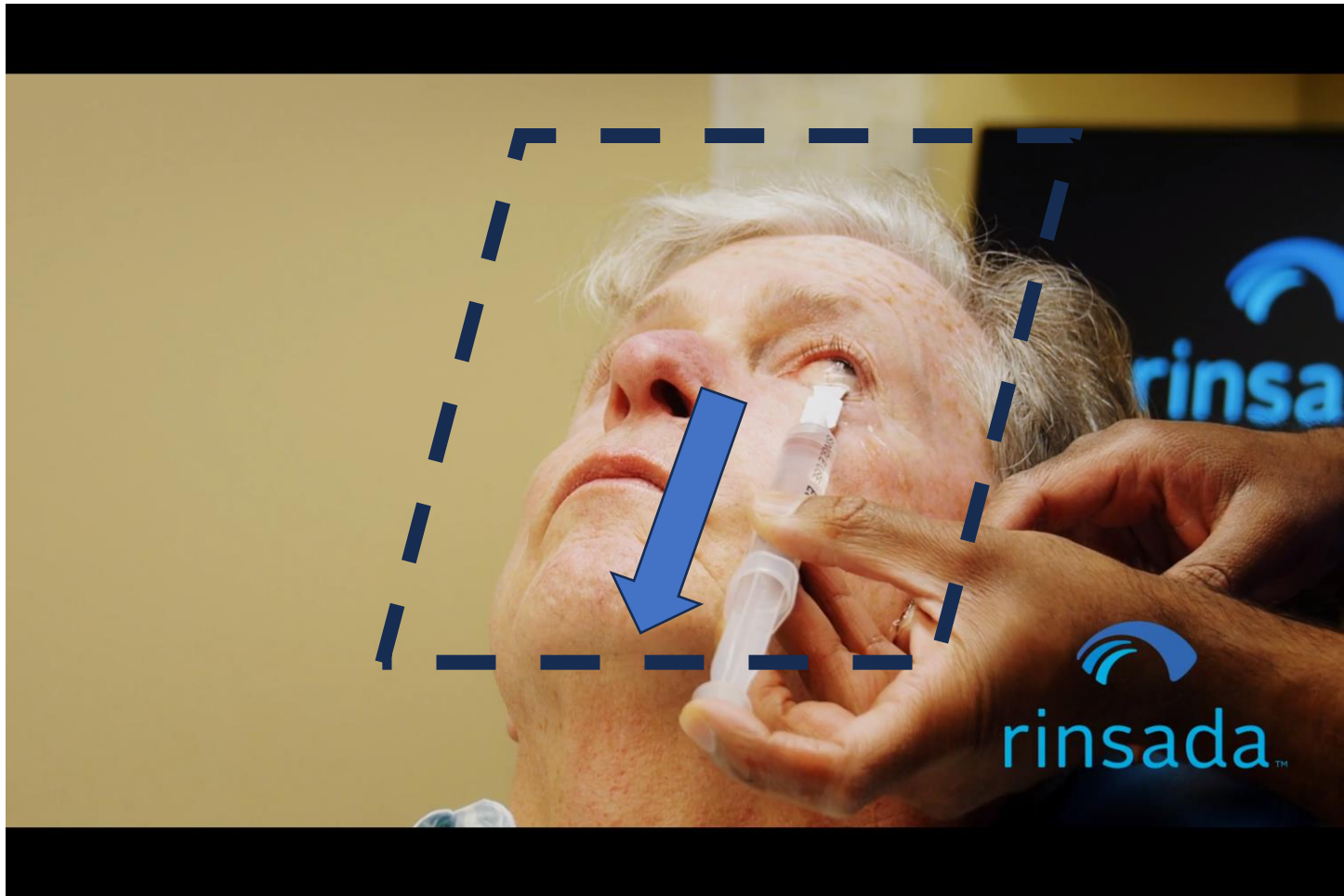
14. Have Patient look down.

15. Lift upper eyelid against orbital rim.

16. Insert device; once the device is in, you can let go of your hand which was manually retracting (step 15).



17. For maximum patient comfort, ensure the syringe is as close to parallel to the plane of the patient's face.



Key Points:

- Once inserted underneath the eyelid, the patient can close their eye if it is more comfortable for them.
- The rinsada device is designed such that a 10 cc syringe should be pushed within 6-8 seconds. We recommend counting while performing the procedure to ensure good force.
- In our study we did 10 cc on the superior lid and 5 cc on the inferior lid.

10 cc of fluid on Superior Lid
5 cc of fluid on Inferior Lid

